

# PARENTS, TEACHERS, CATECHISTS, YOUTH & YOUNG ADULTS

Are you feeling lost  
or confused amidst  
the chaos of our  
culture?

Are your questions  
about love, life, sex,  
relationships,  
marriage, gender  
identity, same-sex  
marriage,  
transgenderism,  
pornography, drugs,  
premarital sex, and  
other hot-button  
issues answered?

Unlock the secrets of your  
life by bringing all the  
'whys' that have been  
holding you back

## IMAGO DEI

(A life-transforming  
Conference - Retreat)



based on the teachings of St. John  
Paul II and other Church Fathers.



St. John Paul II's  
**Theology of the  
Body** provides a  
compelling  
response to the  
crises of our time  
in a bold, merciful,  
and healing way.

@ Don Bosco  
Youth  
Animation  
Centre,  
Ennore

2024

20th Sep  
10.00 AM  
to  
22nd Sept  
4.00 PM



Led by:



**Babu John MSA (TOB & N.E)**

[Certified speaker on Theology of the Body and  
a graduate of the Theology of the Body Institute,  
and Pontifex University]

"...I am glad to introduce  
Babu John, who has taken up  
the challenges to learn, live  
and share the Theology of the  
Body in our diocese and  
worldwide.

Participants and pastors from  
across the globe appreciate  
TOB for Life seminars, classes,  
and retreats under his  
leadership.

He would be a valuable  
resource for your parish or  
community on the Theology  
of the Body...."



**Most Rev. Bishop Mar Joy Alappat**  
Bishop of the St. Thomas Syro-Malabar  
Catholic Eparchy of Chicago

".. Babu John has dedicated  
his life to learning and  
sharing St. John Paul II's  
Theology of the Body  
around the world.

As a student of mine,  
I have witnessed his great  
passion and dedication...  
I pray the Lord continues  
to use Babu John  
to proclaim the love and  
hope of our bodies in Jesus  
Christ throughout the  
world...."



**Dr. Christopher West**  
President,  
Theology of the Body Institute

## MARRIAGE & PARENTING

- Why did God create us, both male and female?
- What are the roles and expectations of men and women within a family?
- What are the significant physical, psychological, emotional, and spiritual differences between men and women?
- How can we resolve differences, crises, and conflicts in marriage through communication, prayer, planning, quality time, supporting goals, empathy, boundaries, apologies, forgiveness, celebrations, and physical intimacy?
- What are the primary objectives of a Christian marriage?
- What makes marriage the primordial sacrament?
- What do the terms Free, Faithful, Fruitful, and Total mean in the context of marriage?
- How do the marriage vows express Christ's Love for the Church?
- How can the proper marital union between a husband and wife become an act of the Holy Trinity?
- What is the meaning of disinterested Love?
- Explain Love vs. lust in a relationship, intimacy, and conjugal Love.
- What is the reason behind the Catholic Church's opposition to contraception as a method of fertility control?
- How can we raise children in accordance with God's plan using unconditional love, prayer, and faith formation?
- How can we comprehend each child by spending quality time with them and being patient?

## ATTRACTIONS & RELATIONSHIPS

- What causes sexual urges towards the opposite Sex?
- What is the sexual urge and sexual value of a person?
- Does our Body speak a language?
- Can Eros help us grow spiritually? What is the best way to deal with Eros?
- Are physical attractions synonymous with "LOVE"?
- In what ways does "Love" differ from "Lust"?
- What does the Spousal meaning of the Body mean?
- What do you mean by "self-giving gift"?
- What is true happiness?
- What is authentic freedom?
- What does it mean to have a pure heart? Is there a way to date with purpose and purity?
- Is it possible to maintain chastity and virginity in today's hyper-sexualized culture?
- What is the limit in relationships/dating?
- How far is too far?
- How can one truly determine if a relationship is genuine?
- Why not have Sex before marriage? "Isn't it my body, life, choices, and freedom?"

## PORNOGRAPHY

- "What's the big deal about Pornography?"
- Could Pornography become an addiction? Scientific details.
- Porn Destroys: What are the evil effects of pornography?
- "Masturbation is considered a normal, healthy act by most psychologists. Why can't the Church get with it?"
- "What can I do to overcome my addiction to Pornography and Masturbation?"

## GENDER CRISIS

- Gender ideology: what is it?
- How did the current gender crisis come about?
- Is sex different from gender?
- "God created them male and female". Do you think that's an outdated belief of Christianity?
- Does there exist a third gender?
- What is Gender Fluidity, Gender Spectrum, Non-Binary, Inter-sex .... ?
- What is Transgenderism?
- Are people with homosexual tendencies born that way?
- How should I respond if some of my peer groups exhibit these traits?
- Is there a reason why the Catholic Church does not approve same-sex marriage?
- What should I do if I have a strong attraction to the same sex?

**Register  
NOW**



**Transportation will be provided for those who need it, from common pick up points in city to the venue and back**

**For children above 4 years and teens, nursery and child volunteers will be available during program**



9840004422- Rajiv  
7902831410- Ancy  
8281368385 - Larry

email: [info@tobforlife.org](mailto:info@tobforlife.org)  
[www.tobforlife.org](http://www.tobforlife.org)

You  TOB FOR LIFE